**This sheet must be completed and attached as the cover sheet of the submitted task**

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| SRHSbw | SARAH REDFERN HIGH SCHOOLASSESSMENT TASK NOTIFICATIONPRELIMINARY COURSE |

Subject:PDHPE Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| TEACHER/S: RatusauMODULE/UNIT: Better Health for IndividualsTASK NUMBER: 1TASK: Health ReportWEIGHTING (%): 25% | NOTIFICATION DATE: Term 1, Week 4;18/02/2016TASK DUE:Term 1, Week 9;24/03/2016SUBMISSION:**Period 3in class**. You must submit a hard copy of your task in person to MsRatusau in PDHPE. No digital copies accepted. |

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| *SIGNATURES REQUIRED FOR TASK VERIFICATION**Head Teacher:*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *Curriculum Manager*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| TASK DESCRIPTION:You are asked to write a report for the Government on the ‘Health of Young People in Australia’.Your report will contribute towards funding allocations and health promotion initiatives in 2013 by evaluating current health promotion strategies.Your report needs to:**Part A – (200 word limit, 4 Marks)*** *Describe* the health status of young Australians.
* *Describe* a range of health problems (e.g. physical health conditions, mental health conditions, social health problems)

**Part B – (400 word limit, 6 marks)*** *Explain* the effects on health associated with the risk taking behaviours of young Australians.
* *Explain* a range of short and long term effects on health and a range of risk taking behaviours of young Australians.

**Part C – (400 word limit, 6 Marks)*** *Analyse* the determinants of health that influence the health behaviours of young Australians.
* *Analyse* a range of determinants such as individual factors, socio-cultural factors, socioeconomic factors and environmental factors.

**Part D – (300 word limit, 4 Marks)*** *Evaluate* one current health promotion strategy that has been implemented to help young Australians.
* Provide a range of reasons and specific examples to support your argument and highlight the positive and negative aspects of the health promotion strategy.

**Additional Information*** Your Report needs to utilise a range a resources that are identified using the Harvard System of Referencing. You must include both a reference list and in text referencing.
* Support every component of the report with a range of accurate, specific and current practical examples, as well as relevant evidence.
* Total Word Limit – 1300 Words.
* Your task must be submitted with this cover sheet containing the assessment details, your name, your teacher’s name and any other relevant information.
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| **OUTCOMES TO BE ASSESSED**: **P1** Identifies and examines why individuals give different meanings to health **P2**  Explains how a range of health behaviours affect an individual’s health **P3** Describes how an individual’s health is determined by a range of factors **P4**  Evaluates aspects of health over which individuals can exert some control **P5** Describes factors that contribute to effective health promotion **P15** Forms opinions about health-promoting actions based on a critical examination of relevant information **P16** Uses a range of sources to draw conclusions about health and physical activity concepts  |
| MARKING GUIDELINES/ CRITERIA:PLAGIARISM will result in zero marks being awarded and the student will be required to redo the task. I acknowledge that this assessment is all my own work. Any references have been cited.Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Part A** |  | **Marks** |
| **Outstanding** | * Describe the health status of young Australians.
* Describe a range of health issues including physical health conditions, mental health conditions and social health problems.
* Provide a range of accurate, specific and current data, relevant evidence and practical examples.
* Display an excellent application of the Harvard System of referencing.
* Use all subject specific terminology consistently and correctly in correct context.
* Adheres to set word limit.
 | **4**  |
| **High** | * Describe some areas of the health status young Australians.
* Describe some health issues including physical health conditions, mental health conditions and/or social health problems.
* Provide accurate data, evidence and practical examples.
* Display the correct and accurate application of the Harvard System of referencing.
* Use most subject specific terminology in correct context.
 | **3**  |
| **Sound**  | * Outline the health status of young Australians
* Outline health issues including physical health conditions, mental health conditions and/or, social health problems
* Provide some data and practical examples.
* Display the correct application of the Harvard System of referencing.
* Use some subject specific terminology in correct context.
 | **2**  |
| **Basic** | * Identify the health status of young Australians
* Identify health issues including physical health conditions, mental health conditions and/or social health problems
* Provide some data or practical examples.
* Display a basic application of the Harvard System of referencing.
* Use at least one subject specific term.
 | **1**  |

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| **Part B** |  | **Marks** |
| **Outstanding** | * Explain a range of short and long term effects on health associated with the risk taking behaviours and lifestyle issues associated with young Australians.
* Provide a range of accurate, specific and current practical examples.
* Display an excellent application of the Harvard System of referencing.
* Use all subject specific terminology consistently and correctly in correct context.
* Adheres to set word limit.
 | **6** |
| **High** | * Explain some short and long term effects on health associated with the risk taking behaviours and lifestyle issues associated with young Australians.
* Provide accurate and specific practical examples.
* Display the correct and accurate application of the Harvard System of referencing.
* Use most subject specific terminology in correct context.
 | **5**  |
| **Sound** | * Outline a range of short and long term effects on health associated with the risk taking behaviours and lifestyle issues associated with young Australians.
* Provide accurate practical examples.
* Display the correct application of the Harvard System of referencing.
* Use some subject specific terminology in correct context.
 | **4**  |
| **Basic** | * Outline some short and/or long term effects on health associated with the risk taking behaviours and lifestyle issues associated with young Australians.
* Provide some examples.
* Display a basic application of the Harvard System of referencing.
* Use some subject specific terminology.
 | **3**  |
| **Limited** | * Identify short and/or long term effects on health associated with the risk taking behaviours and lifestyle issues associated with young Australians.
* Provide one example.
* Display a basic application of the Harvard System of referencing.
* Use at least one subject specific term.
 | **1-2**  |

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| **Part C** |  | **Marks** |
| **Outstanding** | * Analyse a range of factors that influence the health of young Australians including individual factors, socio-cultural factors, socio-economic factors and environmental factors.
* Provide a range of accurate, specific and current practical examples.
* Use all subject specific terminology consistently and correctly in correct context.
* Adhere to set word limit.
 | **6**  |
| **High** | * Analyse some factors that influence the health of young Australians including some individual factors, socio-cultural factors, socio-economic factors and/or environmental factors.
* Provide accurate and specific practical examples.
* Use most subject specific terminology in correct context.
 | **5**  |
| **Sound** | * Explain some factors that influence the health of young Australians including some individual factors, socio-cultural factors, socio-economic factors and/or environmental factors.
* Provide accurate practical examples.
* Use some subject specific terminology in correct context
 | **4**  |
| **Basic** | * Outline some factors that influence the health of young Australians including some individual factors, socio-cultural factors, socio-economic factors and/or environmental factors.
* Provide some examples.
* Use some subject specific terminology.
 | **3** |
| **Limited** | * Identify some factors that influence the health of young Australians.
* Provide one example.
* Use at least one subject specific term.
 | **1-2**  |

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| **Part D** |  | **Marks** |
| **Outstanding** | * Evaluate one current health promotion strategy that has been implemented to help young Australians.
* Provide reasons and examples to support points made about the health promotion strategy.
* Adhere to set work limit.
 | **4**  |
| **High** | * Describe one current health promotion strategy that has been implemented to help young Australians.
* Provide characteristics and feature of a health promotion strategy.
 | **3**  |
| **Sound** | * Outline one current health promotion strategy that has been implemented to help young Australians.
* Sketch in general terms the health promotion strategy.
 | **2**  |
| **Basic** | * Identify one current health promotion strategy that has been implemented to help young Australians.
* Identify some aspects of the health promotion strategy.
 | **1**  |

**Some Resources**

*Young Australians: Their Health and Wellbeing, 2011*

 <http://www.aihw.gov.au/publication-detail/?id=10737419261>

*Making Progress: The Health, Development and Wellbeing of Australia’s Children and Young People*

 <http://www.aihw.gov.au/publication-detail/?id=6442468152>

*Binge Drinking: What are you doing to yourself?*

 <http://www.whatareyoudoingtoyourself.com/>

*The Dark Side of Tanning*

 <http://www.darksideoftanning.com.au/>

*Get Tested: Play Safe*

 <http://www.gettested.com.au/>

*Know When To Say When*

<http://www.whentosaywhen.com.au/>

*Cannabis: Permanently Out of It*

<http://www.permanentlyoutofit.com.au/>

*Speeding: No One Thinks Big of You*

<http://www.rta.nsw.gov.au/roadsafety/speedandspeedcameras/campaigns/pinkie.html>

UOW: Guide to Referencing

 <http://edserver1.uow.edu.au/DiveInEduc/contents/resources/info/Harvard_Referencing.pdf> (Downloadable PDF)

 <http://public01.library.uow.edu.au/refcite/style-guides/html/> (Interactive Tutorial)

**Key Verbs**

**Describe:** Provide characteristics and features.

**Explain:** Relate cause and effect; make the relationships between things evident; provide why

and/or how.

**Analyse:** Identify components and the relationship between them; draw out and relate implications. **Evaluate:** Make a judgement based on criteria; determine the value of.